



Preparing an anaphylaxis response kit



Before each vaccination session, check that you have the protocols, equipment and medicines to manage anaphylaxis.

Your anaphylaxis response kit should contain:

The diagram shows an open grey first aid kit with various items inside. Six numbered callouts point to specific items:

- 1 Adrenaline 1:1000** (at least 3 ampoules – check expiry dates)
- 2 At least 3 x 1 mL syringes and 25 mm needles** (for intramuscular injection)
- 3 Cotton wool swabs**
- 4 Pen and paper** to record the time the adrenaline was administered
- 5 Laminated copy of 'Doses of intramuscular 1:1000 adrenaline for anaphylaxis'**
- 6 Laminated copy of 'Recognition and treatment of anaphylaxis'**

Approximate age and weight	Adrenaline dose
<1 year (approx. 5–10 kg)	0.05–0.1 mL
1–2 years (approx. 10 kg)	0.1 mL
2–3 years (approx. 15 kg)	0.15 mL
4–6 years (approx. 20 kg)	0.2 mL
7–10 years (approx. 30 kg)	0.3 mL
10–12 years (approx. 40 kg)	0.4 mL
>12 years and adult (over 50 kg)	0.5 mL

Keep an anaphylaxis response kit on hand at all times.
Check contents regularly to ensure they are up to date and not expired.

See the Australian Immunisation Handbook for more details.